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Preliminary SCRAPS schedule for 2001

April 22 - MS Walk-a-thon

Short walk-a-thon to benefit Northern California MS Society. Start/Finish is at Finley Park in SW Santa Rosa. 2 Rest stops,

1 or 2 sag wagons

May 5 - Wine Country Century

100 mile bicycle ride, with a variety of alternate courses in western and northern Sonoma County. Santa Rosa Cycling Club Start/Finish at Luther Burbank Center in Larkfield about 8 rest stops possible sag wagons.

June 30 - Terrible Two

Another Santa Rosa Cycling Club production.

A double century ride, for none but the stout hearted. 200+ miles, with 16000 feet of climb. Starts at 5:30 AM, continues until 10:00 PM (Nobody is expected to work all that time) Start/Finish at Willowside School. ~10 rest stops, water stops and lunch stop. possible sag wagons

July 8 - Half Vineman

A half distance triathlon, starts with a dip in the Russian River at Guerneville, Then a bicycle ride of ~50 miles around Sonoma County, followed by a half marathon (13 miles, 195 yards) Start last year was at Johnsons Beach, finished at Windsor H.S.

3 observers at beach,

8 bike course rest stops

5 run course rest stops possible sag wagons

July 21 - Healdsburg Harvest Century

Healdsburg Chamber of Commerce. Family oriented 100km (and shorter variants) bike ride around Healdsburg. Start/Finish at Healdsburg Elementary school 4-5 rest stops

#-D rest stobs

4-5 sag wagons

August 11 - Vineman

Full distance triathlon, see description of Half Vineman and double all the distances. Starts early in the day (6:30 AM)

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and goes until 10:00 PM
3 observers at beach,
8 bike course rest stops
5 run course rest stops
possible sag wagons

Sept 28 & 30 - Waves to Wine

A two day bike ride to benefit the Northern California MS Society. This event raises many many dollars for MS research. Headquarters is at the Luther Burbank Center in Larkfield. Saturday is a ride of varying distances through western Sonoma County (Waves). Sunday is a ride, again of varying distance, through northern Sonoma County (Wine).

10 rest stops each day possible sag wagons